

**WHO European Healthy Cities Network
Annual Business and Technical Conference
Building Healthy Cities: inclusive, safe, resilient and sustainable**

Kodály Centre, Brauer Marcell sétány 4, Pécs, Hungary
1–3 March 2017

Original: English
27 February 2017

Provisional programme

Session	Time	Wednesday, 1 March 2017
	07:30	Registration (Foyer)
Plenary Session 1	09:00–10:00	Official Opening Master of Ceremonies: Flóra Fülöp, Pécs, Hungary
	Concert Hall <i>Interpretation available</i>	Cultural presentation “Hungarian Rondo”, a performance by Pannon Philharmonic Orchestra and the Ballet Pécs Welcoming speeches - Zsolt Páva, Mayor of Pécs, Hungary - József Betlehem, Ministerial Commissioner - Zsuzsanna Jakab, Regional Director, WHO Regional Office for Europe (video address) - Piroska Östlin, Director, Division of Policy and Governance for Health and Well-being, WHO Regional Office for Europe
	10:00–10:30	<i>Coffee Break</i>
Plenary Session 2	10:30–12:30	<i>Healthy Cities: Drivers for a sustainable future</i>
	Concert Hall <i>Interpretation available</i>	Co-Chairs: - Piroska Östlin, Director, WHO Regional Office for Europe - József Bódis, Rector, University of Pécs Speakers - Bettina Menne, Coordinator Health and Development, WHO Regional Office for Europe - Keynote: Markku Wilenius, UNESCO Chair, University of Turku, Finland Futures Research Centre - Monika Kosinska, Regional Focal Point Healthy Cities, WHO Regional Office for Europe

Rapporteur: Teresa Lander



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12:30–14:00

Lunch

Politicians' Lunch (Room 103)

**Parallel
session A****14:00–15:30
A1****Roundtable: *Transformation from setting to place***

Chair: Heli Hätönen, Ministerial Adviser, Department for Health Promotion of Welfare and Health, Finland

Concert Hall*Interpretation
available*

Presenter: John Howie, Programme Manager, NHS Scotland, United Kingdom

Discussants

- John Ashton, Past-President, Faculty of Public Health, United Kingdom
- Karolina Mackiewicz, Baltic Region Healthy Cities Association, WHO Collaborating Centre for Healthy Cities and Urban Health in the Baltic Region, Turku, Finland
- Marcus Grant, Editor in Chief, 'Cities and Health', WHO Advisor
- Kerstin Månsson, Coordinator Swedish National Healthy Cities Network

Rapporteur: Teresa Lander

A2**Roundtable: *Sustaining Healthy Cities*****Room F08
Left**Abstract 100: Ireland National Healthy Cities Network: Fiona Donovan
*Alignment of Healthy Cities and Counties of Ireland with the national health and well-being framework – Healthy Ireland*Abstract 5: Czech Republic National Healthy Cities Network: Jitka Boušková
*Healthy, sustainable, resilient or smart city? Healthy city programmes in the context of other municipal initiatives and approaches: why and how a healthy city? Case study from the Czech Republic*Abstract 6: Hungarian Speaking Association of Healthy Cities: Antonio de Blasio, *Healthy cities as added value*

Chair: Joan Devlin, WHO Healthy Cities Secretariat

Discussant: Geoff Green, WHO Advisor

Rapporteur: Amanda Shriwise, WHO Volunteer

**A3
Inclusive
Cities****Learning through practice: *Tackling Equity: Successful interventions*****Room FO8
Right**Abstract 7: Sweden Healthy Cities National Network: Elisabeth Bengtsson
*Reducing school failures – a comprehensive action plan for health equity and regional development*Abstract 10: Turku, Finland: Heini Parkkunen
*Supporting active lifestyles improves the health and well-being of people in a weak socioeconomic situation*Abstract 55: Modena, Italy: Simona Arletti
WelcHome: hospitality in families for young political asylum-seekers and refugees



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Abstract 94: Waterford, Ireland: Kate Moloney and Deirdre Lindy
#Kindwaterford: a social experiment based on solid science

Chair: Johanne Biloft Hansen, Danish National Network
Discussant: Francesco Zambon, WHO Regional Office for Europe
Rapporteur: Anne McCusker, Belfast, United Kingdom

**A4
Sustainable
Cities**

Room 118

Learning Through Practice: *Integration across policy silos*

Abstract 2: Jerusalem, Israel: Miri Reiss
Health promotion via sustainable healthy urban planning

Abstract 12: Bursa, Turkey: Nalan Fidan
Bursa tackles climate change

Abstract 101: Barcelona, Spain: Elia Diez
Barcelona Health in the Neighbourhoods: a health in all policies strategy at the urban level

Chair: Jo Jewell, WHO Regional Office for Europe
Discussant: Matthias Braubach, WHO Regional Office for Europe
Rapporteur: Denise Cahill, Cork, Ireland

**A5
Resilient
cities**

Room 119

Learning Through Practice: *Age: Innovative Methods*

Abstract 68: Balçova, Turkey, Gökçe Narin,

Regional Approach to healthy ageing: Regional approach to healthy ageing: population-based sustainable health services provided by the Municipality of Balçova

Abstract 36: Kadıköy, Turkey, E. Ece Çizel
Research on a population sample in Kadıköy for developing policy on healthy ageing

Abstract 41: Kuopio, Finland, Mirja Wihuri
Participatory budgeting in a home care centre for older people

Chair: Josephine Jackisch, WHO Advisor
Discussant: Manfred Huber, WHO Regional Office for Europe
Rapporteur: Ida Strömberg, WHO Regional Office for Europe

15:30–16:00 *Coffee Break*

**Parallel
session B**

**16:00–17:30
B1**

Roundtable: *The many ways to health through sustainability*

Chair: Marcus Grant, Editor in Chief, 'Cities and Health', WHO Advisor

**Room FO8
Left**

Presenters

- Matthias Braubach, Technical Officer, WHO European Centre for Environment and Health
- Miri Reiss, Healthy City Project Coordinator Environment Department, Jerusalem, Israel
- János Girán, Councillor, Head of City Development Committee, Pécs, Hungary

Discussant: Jo Jewell, Technical Officer, WHO Regional Office for Europe
Rapporteur: Jonna Monaghan, Belfast, United Kingdom

B2 **Parallel session: *Migration and Health***

Concert Hall Chair: Istvan Szilard, Chief Scientific Advisor, University of Pécs Medical
Interpretation School
available

Presenter: Giuseppe Annunziata, International Centre for Migration, Health and Development, Senior WHO Advisor

Discussants:

- Monika Kosinska, WHO Regional Office for Europe
- Santino Severoni, WHO Regional Office for Europe

Rapporteur: Teresa Lander

B3 **Surgery: *Strengthening leadership for change and intersectoral working***
Surgery Trainer: Tamsin Rose, Director, Progress Works

Room 118 Experts

- John Ashton, Past-President, Faculty of Public Health, United Kingdom

City Representatives

Rapporteur: Adam Tiliouine, WHO Advisor

B4 **Learning Through Practice: *Equity from the start: Multi agency investment in early years***
Inclusive
Cities

Room F08
Right

Abstract 30: Cork, Ireland: Katherine Harford
Getting all children's lives off to the best possible start: understanding local childhoods to implement a community prevention and early intervention programme

Abstract 93: Swansea, United Kingdom: Lynda Hill
Jig-so: a holistic model of delivery during the earliest years

Abstract 99: Galway, Ireland: Fiona Donovan
Galway City Early Years Health and Well-being Plan

Chair: Piroška Östlin, WHO Regional Office for Europe
Discussant: Elisabeth Bengtsson, WHO Advisor



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Rapporteur: Laura McDonald, Belfast, United Kingdom

**B5
Resilient
Cities****Learning Through Practice: *The politics of action: value of scientific monitoring and evaluation*****Room 119**

Abstract 24: Sant Andreu de la Barca, Spain: Eva Prim

Noise barriers: example of healthy and sustainable urban planning in Sant Andreu de la Barca

Abstract 66: Carlisle, United Kingdom: Emma Dixon

*Air quality management to improve the health and well-being of Carlisle residents*Abstract 90: French National Healthy Cities Network: Zoe Heritage
*A national network campaign for better air quality*Abstract 19: Karsiyaka, Turkey: Turan Ates
Active City Karsiyaka

Chair: Tony Fitzgerald, Cork, Ireland

Discussant: Francesco Zambon, WHO Regional Office for Europe

Rapporteur: Zoe Heritage, French National Healthy Cities Network

Social event 18:30**Welcome reception**

Venue: Zsolnay Cultural Quarter, Zsolnay Vilmos u. 37, Pécs

Session	Time	Thursday, 2 March 2017
Plenary session 3	08:30–10:00	<i>Healthy Cities: Drivers for inclusive societies</i>
	Concert Hall	Co-Chairs
	<i>Interpretation available</i>	• John Ashton, Past-President, Faculty of Public Health, United Kingdom • Istvan Kiss, Professor, Institute Director, Department of Public Health Medicine, University of Pécs, Hungary
		Keynotes
		• Emily Hewlett, Organisation for Economic Cooperation and Development (OECD) • Furio Honsell, Mayor of Udine, Italy • Sebihana Skenderovska, National Roma Centrum, The former Yugoslav Republic of Macedonia
Site visits	10:00–13:00	1. Public space rehabilitation 2. Segregated settlement rehabilitation 3. Healthcare and health promotion for vulnerable communities 4. Community-based drug prevention 5. Health promotion in schools 6. University of Pécs and City of Pécs cooperation on migration health programs



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**World Health
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13.30-14.30 Training: *Listen to your people – their voice matters!*
 Baltic Region Healthy Cities Association, WHO Collaborating Centre for
 Healthy Cities and Urban Health in the Baltic Region (Room 118)

**Parallel
session C****14:30–16:00
C1****Roundtable: *Inclusive Cities***

Chair: Christoph Hamelmann, Head of Office, WHO European Office for
 Investment for Health and Development

Concert Hall*Interpretation
available*

Roundtable

- K. Gülsün Bor Güner, Deputy Mayor of Çankaya, Turkey
- Daniele Biagioni, Modena, Italy
- Paul Brant, Councillor, Liverpool City Council
- Elia Diez, Head of Service, Public Health Agency, Healthy City
Coordinator, Barcelona, Spain

Discussant: Piroška Östlin, Director, WHO Regional Office for Europe

Rapporteur: Amanda Shriwise, WHO Volunteer

**C2
Sustainable
Cities****Parallel Session, *Environment and health, with Regions for Health
Network (RHN) and the Committee of the Regions (CoR)*****Room F08
Left**

Chair: Monika Kosinska, Regional Focal Point Healthy Cities, WHO Regional
 Office for Europe

Presenter: Francesco Zambon, Technical Officer, WHO Regional Office for
 Europe

Discussants

- Roberto Pella, Mayor of Valdengo, Committee of the Regions
- WHO Regions for Health Network: Elisabeth Bengtsson (Västra Götaland)
- WHO Regions for Health Network: Irena Misevičienė (Kaunas)
- Stefania Pascut, Udine

Rapporteur: Teresa Lander

**C3
Resilient
cities****Learning through practice: *Schools: a setting for active citizenship*****Room F08
Right**

Abstract 13: Czech Republic National Network: Antonin Tym
Healthy city? Is the youngest generation interested at all?

Abstracts 53 and 54: Belfast, United Kingdom: Laura McDonald
First steps towards child friendly places

Abstract 64: Carlisle, United Kingdom: Emma Dixon and Lee Sherriff
Decision-making on health by the Carlisle Schools Council

Chair: Katrine Schjonning, Copenhagen, Denmark



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Discussant: Antonio de Blasio, Hungarian speaking National Network
Rapporteur: Pirkko Kouri, Kuopio, Finland

C4 Learning through practice: Age: Action Programmes

Sustainable cities Abstract 97: Izhevsk, Russian Federation, Elena Zimina
Urban project Active Ageing in Izhevsk

Room 119 Abstract 46: Łódź, Poland, Iwona Iwanicka
Łódź Centre for Seniors

Abstract 82: Newcastle, United Kingdom, Karen Inglis
Becoming dementia-friendly in an age-friendly city

Chair: Yongjie Yon, WHO Advisor
Discussant: Manfred Huber, WHO Regional Office for Europe
Rapporteur: Ida Strömberg, WHO Regional Office for Europe

**C5 Learning through practice:
Sustainable cities The long game: The value of longitudinal data**

Room 118 Abstract 91: Rijeka, Croatia: Jadran Mandekić
Rijeka in Motion – promoting physical activity in Rijeka

Abstract 45: Swedish National Healthy Cities Network: Sofie Karlsborn
Quality of life – a sustainable way of achieving environmental and health-related goals and ambitions?

Abstract 31: Turkish Healthy Cities Associations: Murat Ar
Importance of analysing exposure to climate change for becoming a healthy city

Chair: János Girán, Pécs, Hungary
Discussant: Marcus Grant, WHO Advisor
Rapporteur: Jonna Monaghan, Belfast, United Kingdom

16:00–16:30 *Coffee Break*

Business Session 1 16:30–18:00 **Towards 2018–2022: The WHO European Healthy Cities Network**
Breakout sessions

Social Events 19:00 **Politicians' Dinner**
Venue: Pezsgőház Étterem, Szent István tér 12, 7621, Pécs



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Session	Time	Friday, 3 March 2017
Plenary session 4	09:00–10:30	Healthy Cities: <i>Drivers for resilient communities</i>
	Concert Hall <i>Interpretation available</i>	Co-Chairs: • Christoph Hamelmann, Head of Office, WHO European Office for Investment for Health and Development • Antonio de Blasio, Hungarian speaking National Network Keynote: David Stuckler, Professor of Political Economy and Sociology, University of Oxford Roundtable: <i>Resilient Cities</i> • Kees Van Veldhuizen, Intervention Developer, Rotterdam, Netherlands • Aggeliki Oikonomopoulou, Municipality of Agioi Anargyroi-Kamatero, Greece • Ursula Huebel, Healthy City Project Coordinator, Vienna, Austria • Jesper Nielsen, Citizen consultant, Horsens, Denmark Rapporteur: Teresa Lander
	10:30–11:00	<i>Coffee Break</i>
Parallel session D	11:00–12:30	Parallel Session with Regions for Health Network (RHN) and Schools for Health Europe (SHE): <i>Leaving no child behind</i>
	D1 Inclusive Cities	Chair: Piroska Östlin, Director, WHO Regional Office for Europe
	Room F08 Left	Presenter: Monika Kosinska, Regional Focal Point Healthy Cities, WHO Regional Office for Europe Reflection from the floor: Zoe Heritage, French National Healthy Cities Network Discussants • Roberto Pella, Mayor of Valdengo, Committee of the Regions • Goof Buijjs, Schools for Health Europe • Martin Weber, Programme Manager, WHO Regional Office for Europe • WHO Regions for Health Network: Elisabeth Bengtsson (Västra Götaland) • WHO Regions for Health Network: Irena Misevičienė (Kaunas) Rapporteur: Teresa Lander



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**D2
Resilient cities**

**Room F08
Right**

Learning through practice: *Promoting health: effective messaging*

Abstract 95: Rijeka, Croatia: Jadran Mandekić

A society in which I am learning and feeling good – information and communication technology for older people in Rijeka

Abstract 50: Belfast, United Kingdom: Anne McCusker

Health literacy: making the case and taking action

Abstract 75 and 76: Kuopio, Finland: Tiina Arvola

Digital services via open innovation challenge creates new tools for youth organisations

Chair: Marcus Grant, WHO Advisor

Discussant: Faith Vorting, WHO Regional Office for Europe

Rapporteur: Ingunn Søndergaard Jacobsen, Denmark National Network

**D3
Inclusive
cities**

Room 119

Learning through practice: *Age: Knowledge Transfer*

Abstract 33: Nilüfer, Turkey, Serkan Serbest

Mature Youth Centre

Abstracts 8 and 16: Baltic Region Healthy Cities Association, WHO Collaborating Centre for Healthy Cities and Urban Health in the Baltic Region, Karolina Mackiewicz and Riga, Latvia, Aija Vecenāne (joint presentation)

Let us be active! project promotes social inclusion of seniors – case study of the Volunteer call centre in Riga

Abstract 14: Novosibirsk, Russian Federation, Anatoliy Lokot

Engineering tourism as a factor in healthy ageing and extending the working life of academic professionals of retirement age in Novosibirsk

Chair: Manfred Huber, WHO Regional Office for Europe

Discussant: Geoff Green, WHO Temporary Advisor

Rapporteur: Ida Strömgren, WHO Regional Office for Europe

**D4
Sustainable
cities**

Room 118

Learning through practice: *Innovative solutions: creating sustainable futures*

Abstract 86: Udine, Italy: Furio Honsell

Urban transformation and innovation for migrants and refugees

Abstracts 72 and 73, Aghii Anargiri, Hellenic Healthy Cities National Network: Anastasia Kentepozidou and Aggeliki Oikonomopoulou
Using resources to achieve social cohesion in local administration: the example of the Municipality of Agioi Anargyroi-Kamatero

Abstract 28: Çankaya, Turkey: Gülsün Bor Güner

Gender equality in local authorities and participation: local equality action



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Organization****Europe***plan of the Municipality of Çankaya*

Chair: Sarah Simpson, WHO Advisor

Discussant: Isabel Yordi, WHO Regional Office for Europe

Rapporteur: Heini Parkkunen, Turku, Finland

**D5
Resilient
cities****Concert Hall**
*Interpretation
available***Learning through practice:*****Changing behaviour: strengthening capacity for improved health***

Abstract 70: Turku, Finland: Sirpa Vainio

Tackling substance abuse and mental health problems with multisectoral teams

Abstract 23: Frederiksberg, Denmark: Anna Trolle Bendtsen

"It's not as hard as I thought": implementing brief alcohol intervention in Frederiksberg

Abstract 17: Liverpool, United Kingdom: Paul Brant

A sense of belonging: Liverpool Rehabilitation, Education, Support and Treatment (REST) Centre for City Street Drinkers

Chair: Joan Devlin, WHO Healthy Cities Secretariat

Discussant: Milka Donchin, Israeli National Network

Rapporteur: Ursula Huebel, Vienna, Austria

12:30–14:30**Lunch**

13:00–14:30 National Network Coordinators Meeting (Room 118)

13:45–14:30 Poster Presentations (First Floor Landing)

**Parallel
session E****14:30–16:00
E1****Parallel Session: Gender and health**

Chair: Isabel Aguirre Yordi, Technical Officer, WHO Regional Office for Europe

Room 118

Presenters

- Sarah Simpson, WHO Advisor
- Kerstin Månsson, Helsingborg, Sweden

Rapporteur: Teresa Lander

**E2
Resilient
cities****Learning through practice: Responding to population change**

Abstract 48: Łódź, Poland: Marta Syguda

*"The beginning is the most important part"***Room F08
Left**

Abstract 85: Udine, Italy: Stefania Pascut

A comprehensive strategy for addressing demographic change



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**E3
Resilient
cities**

**Room F08
Right**

Abstract 67: Vienna, Austria: Ursula Huebel
Moving Generations – building bridges between children and older adults through psychomotricity

Chair: Zsuzsanna Nagy, Pécs, Hungary
Discussant: Geoff Green, WHO Advisor
Rapporteur: Kate Moloney, Waterford, Ireland

Learning through practice: *Participation: essential in creating resilient communities*

Abstract 25: Turku, Finland: Heini Parkkunen and Maarit Luukka
From informing to empowerment – influence groups promote participation

Abstract 4: Horsens, Denmark: Jesper Nielsen
The Safe Village

Abstract 78: Udine, Italy: Gianna Zamaro
Regional initiative Adesso – Salute e Sicurezza (Health and Safety – Now): an example of multilevel networking and governance

Chair: İnci Çalışkan, Eskişehir, Turkey
Discussant: Iwona Iwanicka, Łódź, Poland
Rapporteur: Ivana Draholova, Brno, Czech Republic

**E4
Resilient
cities**

**Concert Hall
Interpretation
available**

Learning through practice: *Resources for health at multi-level*

Abstract 52: Rotterdam, The Netherlands: Kees Van Veldhuizen
GRIPandGLANS – evidence-based group training: how to adjust the training for older migrants with an increased risk of loneliness and depression in Rotterdam

Abstract 21: Denmark National Healthy Cities Network: Ingunn Søndergaard Jacobsen
Community Champions: co-creation and citizenship

Abstract 26: Belfast, United Kingdom: Jonna Monaghan
Building capacity for a healthier city

Chair: Tania Radulescu, Bucharest, Romania
Discussant: Elisabeth Bengtsson, WHO Temporary Advisor
Rapporteur: Johanna Reiman, Baltic Region Healthy Cities Association, WHO Collaborating Centre for Healthy Cities and Urban Health in the Baltic Region, Turku, Finland

**E5
Sustainable
cities**

Room 119

Learning through practice: *Big visions, involvement and equity*

Abstract 65: Carlisle, United Kingdom: Darren Crossley
Planning health and well-being benefits through green infrastructure: Carlisle – the Big Green City

Abstract 29: Pécs, Hungary: János Girán
City health profiles as a tool that can enable people-centred planning

Abstract 35: Baltic Region Healthy Cities Association, WHO Collaborating
Centre for Healthy Cities and Urban Health in the Baltic Region, Turku,
Finland and Finland National Network: Karolina Mackiewicz and Sanna
Ahonen
*Futures workshop as an innovative way to develop the vision of a dream
municipality*

Chair: Helen Wilding, Newcastle, United Kingdom
Discussant: Marcus Grant, WHO Advisor
Rapporteur: Sandra Davies, Liverpool, United Kingdom

16:00–16:30 *Coffee Break*

**Business
Session 2**

16:30–18:00

Business session 2

Rapporteur: Teresa Lander

Official Closing

Social event 19:30

Farewell Dinner

Venue: Expo Centre, Megyeri út 72, Pécs 7632

Definition of types of sessions

Plenary sessions

Sessions with all participants attending. No other conference session or event is taking place during plenary sessions.

Roundtable

Sessions with representatives from cities and experts aiming to clarify and explore the meaning and the practical applications of the main themes of the conference.

Learning through practice

Sessions with cities presenting their practice relevant to a Conference theme followed by questions and facilitated discussions to enable shared learning across network cities.

Parallel sessions

Different types of sessions taking place at the same time. Participants are free to choose which session to attend.

Surgery

Discussion and debate sessions that address/issues challenges identified in cities in focus areas

Training

Interactive learning sessions on areas key to the work of Healthy Cities.